

Center Bob Harrison

Playing Football for OU
Takes Mental as Well
As Physical Preparation.
Ned Hockman, '49bs,
Photographed and Listened.

"When you're on the sideline, think football . . . be playing the game all the way."—Wilkinson

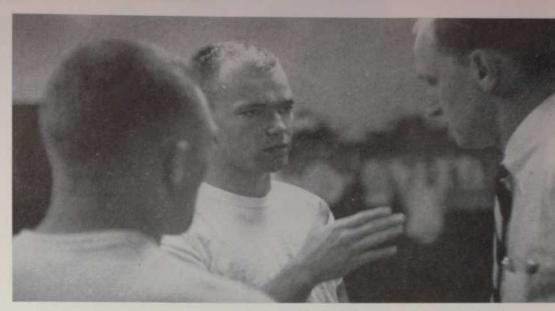
"It's a test, a test for each of you. If you're afraid you're going to get beat, if you worry about the opponent and the mistakes you could make, you'll lose your poise and confidence—and you will not be a champion."—Wilkinson

Coach Wilkinson and the team in their night-before-the-game session.





Trainer Rawlinson taping "Wahoo"



Hobby and Carpenter with Coach Crowder

"You've got to look more like you've got the ball when you don't than when you do."—Crowder

Coaches Jones and Wilkinson inspecting the field

"Tell me now, if it's not right. It's got to be perfect." — Rawlinson.

"We can do all these things with more concentration." — Jones.

Players resting before the game



"Remember that it's been medically proven that when your body is telling you to quit you have gone only half as far as you can go. Remember your opponent is tired too; and if you keep the pressure on him by not quitting—he'll quit. In everything it's the same. When you are tired don't quit. Accomplish your objective, and then rest with success."—Wilkinson



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Next stop-the playing field

"As you go along the road of life you'll find that there are easy paths branching off; and it's a great temptation to take off down those paths—the easy, lazy way. Football's the same. You play, and after a while you tire; and it's easy to loaf. That's normal—and that's average. You have to be above-average to be successful. You must be tough all the way. And stay true to yourself. You may be able to fool the fans in the stand, the writers in the press box; but there's one person you cannot fool, and that's yourself. Play hard and stay true to yourself. It's the only way you can stay true to Oklahoma tradition."—Wilkinson

Next Stop-Norman



PAGE 10