

EDITORIAL

This edition of *The Alexander Journal* is a milestone for the editors. In production since the 1960s, the journal has, historically, been print-only and distributed mainly in the UK. In 2020, the editors of *The AMSAT Journal*, Joe Alberti and Genoa Davidson, joined forces with *The Alexander Journal* editors Jamie McDowell and Paul Marsh to realize a vision of an open-source, online, peer-reviewed journal on the Alexander Technique, to date, the only one of its kind. Issue 29 is our inaugural edition after four years of hard labor. We are hosted, serviced and supplied with the necessary software support by the University of Oklahoma in Oklahoma, at no cost as part of their Open Journal services mission. We want to thank the authors who contributed their excellent work and the Bizzell Library staff, in particular Nicholas Wojcik and Melissa Seelye, for their indefatigable assistance as we made our dream a reality.

This edition contains a wide range of subjects, including Ruth Diamond's tryptic tale of first-generation female teachers, keynote speeches, practical advice for the singer from Michelle Capalbo, a look at associationist learning with historian and teacher Malcolm Williamson, and much more.

We are already working hard on the next edition. If you want to publish with us, please do not hesitate to submit or contact us with questions. Our mission is to offer high-quality papers with international appeal, directly and indirectly related to the Alexander Technique.

Kind regards,

Editor-in-Chief Joe Alberti,
Editors Jamie McDowell, Genoa Davidson and Paul Marsh.

Below are the titles of the articles featured in Issue 29. They can be downloaded individually or as a whole.

The Alexander Technique and Associationist Learning Theory: A Historical Perspective

Malcolm Williamson

Signpost to an Undiscovered Land: Six Discoveries of F. Matthias Alexander

Ted Dimon

Investigating F.M. Alexander's Human Voice: A Singer's Perspective

Michelle A. Capalbo

Whispered Vowels for Singers: A Discussion and Exploration

Michelle A. Capalbo

Connected Lives, Part 1: Ethel Webb and the Alexander Technique

Ruth Diamond

Connected Lives, Part 2: Margaret Naumburg and the Alexander Technique

Ruth Diamond

Connected Lives, Part 3: Irene Tasker and the Alexander Technique

Ruth Diamond

Learning How to Learn

Peter Bukoke

To the Crossroads: Constructive Conscious Control in a World of People and 'a World on Fire'

Richard Casebow